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# A Premie Parent's Survival Guide To The NICU

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Survival Guide to the  
**NICU**



Megan Grandinetti



## Synopsis

A Premie Parent's Survival Guide to the NICU details the journey of Megan Grandinetti and her husband during their NICU stay with their daughter Sofie. Sofie was born prematurely at 26 weeks and stayed for a tumultuous 5 months in the hospital. Megan gives new parents of Premies pieces of advice she wishes she had been told coming into the NICU. Through 18 personal tips, Megan paints a colorful overview of Sofie's time in the hospital, and the things she feels were critical to her family's success.

## Book Information

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## Customer Reviews

Great, quick read. I am a mother of a 29-2 weeker, and currently spend my days in the NICU waiting for my baby to grow and get stronger. This book gives some perspective on what I am personally going through. Highly recommend.

Immediately engaging, as the author takes you on her travels through the neonatal intensive care unit. Heartfelt experiences and positive advice are abundant in this very personal read....

Short read and definitely worth it. Truly an inspiration to me as a preemie mom at five days. Thank you for sharing your story.

As a father of an unexpected early arrival it was nice to feel the beginnings of normalcy this brought to me. Thank you

A thorough, compassionate guide to life in the NICU for parents of premature babies. Highly recommended.

A great help to any parent who is experiencing the trauma of a new born in the NICU.

Ok but not the best for the price!

As a first-time parent of a 11-week old daughter, I write this review from a place of humility. Raising a newborn is "survival" in and of itself, it's hard to imagine circumstance that would make this journey more difficult. What Megan and her family went through in the NICU and continue to manage is levels above remarkable. We've been fortunate to befriend and know Megan, her husband, and dear Sofie for almost a decade. They're such loving, compassionate parents that will go to the ends of the earth to find solutions. They are people of faith and live their lives with love and kindness as a hallmark of their existence. No person is more credible than Megan to share perspective on how to prepare and manage through this journey. She has a wealth experience to share with others and I hope parents in similar circumstances will read this book and benefit from her advice.

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